

Real Kids in an Unreal World

with Maggie Dent



Building Resilience and Self-Esteem in Today's Children (10 Resilience Building Blocks)

Children need to have certain basic experiences to build the competencies that will help them manage life — the good, the bad and the ugly. Popular Australian parenting author and educator Maggie Dent published her bestselling book, *Real Kids in an Unreal World*, to help guide parents in raising children who are happy, healthy, strong, kind and resilient. In this seminar, Maggie will explore her common-sense, practical model of 10 building blocks for children birth-12.

She will present practical, common-sense ideas and strategies to make small changes in your home or classroom/centre, which will make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.

Venue: St Luke's Parish Hall, Mosman Park WA

Date: Friday 19 May 2017

Time: 6.30pm-8.30pm

Cost: \$30

Bookings: Please book online at www.trybooking.com/278844

Inquiries: Presidentcott@gmail.com or Graham.Dart@education.wa.edu.au



www.maggiedent.com



COTTESLOE
PRIMARY SCHOOL
Integrity Above All

Maggie Dent
quietly improving lives