

Newsletter
2019

AN INDEPENDENT PUBLIC SCHOOL

ISSUE NUMBER 2

WEDNESDAY
13th February 2019

WHAT'S ON THIS FORTNIGHT?

| MON | TUE | WED | THUR | FRI |
|---|---|---|---------------|--|
| 18 Feb Year 6 Leadership Camp Bridgetown | 19 Feb | 20 Feb Uniform Shop Open Yr 1 Rm 2 & Yr 1 Rm 9 Parent Meeting 5.30pm | 21 Feb | 22 Feb Kindy Parent Meeting 9.15am Library |
| 25 Feb Life Education Van | 26 Feb BOARD MEETING 6PM | 27 Feb Uniform Shop Open P & C AGM 6PM LIBRARY | 28 Feb | 1 Mar SCHOOL DEVELOPMENT DAY STUDENTS DO NOT ATTEND |

FROM THE PRINCIPAL'S DESK

And here we are. Week 2 already and mid way through February!

The message here for me is our lives are busy and life passes by very quickly. We need to take time for a deep breath every now and then to slow down, become calm and focus on what we are doing and where we are. As the expression goes- enjoy the moment, the past is history; we don't control the future that is why they call "now" the present. Try to experience it and enjoy it.

Your children are practising this "Mindful Breathing" after each recess and lunch break and if they feel harassed, the aim of practising this is to increase their own control of their actions and emotions, and reduce worry about the future by focussing on the present, increasing concentration and engagement. Talk to your children about their Mindful Breathing positions and how they feel after they complete a session.

A Mindful Families session will be conducted later next month. Information will be shared in the newsletter and Flexibuzz.

Thank you for having your children rested and ready for school. Continue to get them to school on time, reducing the fluster, rush and embarrassment of a late arrival. Little things make a big difference to your child's day.

Student Councillor and Faction Captain Speeches

Students who have nominated for Leadership positions presented a short speech to staff and their peers on Monday. The speeches were of an extremely high standard, well prepared, humble and genuine. I was very proud of each and every one of them. There were some interesting common themes from the students- many talking about Cottesloe being a friendly school with a great community. Being taught by excellent teachers- their pride in their school was clear. There were also comments about issues we can do better on- Library access at break times, sports equipment and the way some students treat each other. I look forward to working with ALL Year 6 students to address these concerns.

School Councillors and Captains will be announced at this Friday's assembly.

The Year 6's are off to Bridgetown to participate in their Leadership Camp next Monday for the week.

Class Meetings

The first class meetings, introducing you to your child's teacher and their expectations, have commenced. If you can not make the meeting, please contact your child's teacher to ensure you do not miss out on vital information.

Forms to return

- Student Health Care Summary
- Mobile Phone, Computer, iPad & Internet Use Agreement
- Year 6 Swimming Forms (Year 5 Swimming notes going home Monday 18.2.19)

Swimming lessons

Students in Year 2 to 3 have commenced swimming lessons at Fremantle Pool. The students are enjoying the activity. Parents, please ensure ALL clothing is labelled. Socks, jocks and shoes all go missing and having a name on them helps in having them returned to their rightful owner.

Helpful Hints

See them off at school the right way

Skidding through the kiss and drop area while your children jump from the car isn't the most effective way to drop them off at school.

Getting to school at least 15 minutes before the bell so your children can get organised for the day saves rushing to classes and increasing feelings of anxiety. Experts say staying with your children can sometimes make the situation worse.

"This prolongs the wait time for your children and makes it harder for them to leave you. If a child is finding it difficult to say goodbye, it may be helpful to give them a quick kiss, tell them you'll see them in the afternoon and then go."

"Reinforce that your child can rely on you and trust you by being on time for pick up – that helps them feel secure at school."

STAFF LUNCHEON 2018

Last year our wonderful parents very generously supplied lunch for the staff. The picture below shows some of the bowls/plates that were left after the luncheon. Please see Jenni in the office if any of these belong to you.

***Graham Dart***

Principal

Cottesloe Primary School

Ph 93842426

Mob 0408914923

Web www.cottesloeps.wa.edu.au**LOOKING FOR FABRIC**

Our School Chaplain, Jess, would like to start a lunchtime sewing class to make soft fabric hearts for the children and their families at Perth

Children's Hospital. We need soft fabric with a velvety touch. If you have any lying around that you would like to donate, please bring into the office.



Critical and Creative Thinking

At Cottesloe Primary School we value and promote **critical and creative thinking skills** across the school. We encourage children to pose questions and think of problems where the answer is not immediately known. Costa and Kallick's **16 Habits of Mind**, thinking skills **used by successful learners to solve problems**, are also used within the school to foster thoughtful problem solving strategies for complex problems.

One of the 16 Habits of Mind is **Listening with Empathy and Understanding**. This habit not only refers to listening in the sense of hearing the spoken word, it also extends to "listening" to the written word. It is about connecting at a level where the listener is able to discern diverse perspectives, empathise with the message, paraphrase and clarify where necessary. When working with this Habit of Mind in the classroom, we teach students to seek clarification and encourage them to listen to each other. Our pair-share strategy could be used to practise this habit, when we ask students to share what they heard their partner say.

Developing good thinking skills comes with practise and **Thinker's Keys**, developed by Tony Ryan, are fun to use and encourage creative solutions. They could encourage interesting discussions around the dinner table.

The **Commonality Key**, from *Tony Ryan's Thinkers Keys*, is the focus for our thinking this fortnight. This is a mind stretcher. It's great for generating creative ideas as well as the development of unusual concepts.

Use the two objects listed below, that would generally have nothing in common, and try to outline some points of commonality between them:

What do maps and Ice-cream have in common?

You will probably be using the Habits of Mind

- Thinking Flexibly
- Thinking and Communicating with Clarity and Precision
- Creating, Imagining and Innovating

Applying Past Knowledge to New Situations

Your creative, innovative ideas need to be shared!!! Please show your efforts to your teacher.

Kind regards,

Denise Johnston

BUSSELTON JETTY SWIM 2019

The winning team of the Open Age 4 person team category consisted of Jackson (Year 6) and 3 of his St Hildas Swim Club Team mates, ages ranged from Jackson being the youngest at 11, to the eldest at 13. They won their category by 7 minutes from the second place team.

Zara from Year 3 (who recently turned 8yrs) was one of the youngest participants to complete the Busselton Jetty Kidswim (8-12year olds)



Congratulations

FOUND—FITBIT

A Fitbit was found on the pedestrian bridge over Stirling Highway. If you have lost yours, please come and see Mrs Mitchell in the office .





Coordinator Update

Dear Families,

Camp Australia in its partnership with Cottesloe Primary School is pleased to introduce Hannah Johnston as the new Before and After School Care Coordinator.

Hannah Johnston has worked for Camp Australia for the past six years and has completed a Bachelor of Primary Education. Hannah is very motivated and passionate about working with children and will continue to be supported by myself and the entire Camp Australia Team during the transition to her new role.

We have a lot to look forward to in the program with a new Coordinator, new activities and new smiles!

For further information regarding the program or to discuss any specific requirements, please contact Hannah on 0402 260 071.

For all other enquiries, contact our Customer Care on 1300 105 343. The team are available 24 hours a day, 7 days a week (except National Public Holidays).

Yours sincerely,

Andrea Wallace
Key Account Manager
Camp Australia

Before School Care program

Times: 7.00am to 9.00am
each school day

After School Care program

Times: 3.00pm to 6.00pm
each school day

Register and book now

Manage your before and after
school care bookings at

www.campaustralia.com.au

or call the Customer Service
Team on 1300 105 343.

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1300 105 343 www.campaustralia.com.au





**Astral 2, Crown Convention Centre Perth
Sunday 31 March 2019
9am – 4pm**

This is a free event!

The expo is a free event targeted at families, that aims to provide support to parents and students with mathematics and learning at home.

It will be a fun, interactive day with lots of opportunity to see a variety of resources that make learning fun and there are prizes to be won!

Visit the event page on Facebook!

Please contact the MAWA office with any questions.
sales@mawainc.org.au or 08 9345 0388.