

## WHAT'S ON THE NOTICE BOARD – 13.2.19



La Casa dei Bambini Montessori Playgroup, located at Cottesloe Primary School in the Johnston St Education Centre, offer sessions on Monday and Thursday, running from 9.15-11.30 during the school term. The playgroup focuses on Montessori principles of independence, care of self, and respect of the learning environment.

La Casa dei Bambini Montessori Playgroup is well-resourced and recently enjoyed the support of Lotteries West for further improvements.

Enrolments are open and we welcome new members. If you are interested in joining, please email [joinlcdb@gmail.com](mailto:joinlcdb@gmail.com).

### A FINE MOTOR SKILL PROGRAM.

From the creators of Sew & Co and Chip & Co comes a NEW kids program for preschoolers and parents/carers.

#### WHAT WE DO

- » Focus on fine motor skills, hand eye coordination, communication skills, patience, critical thinking, problem solving, listening skills & more.
- » Equip preschoolers with skills ready for their next school year.
- » Inspire and nurture creativity and play through sewing, woodworking & other hands on activities.

Ages 3-4 ~ Mon, Tues, Thurs 9:30-10:30am ~ Cottesloe Primary School  
More information: Jane Potter ~ 0439 944 574 ~ [jane@sewandco.com.au](mailto:jane@sewandco.com.au)

## MADE FOR PRESCHOOLERS

## Join the fun & host a Japanese Student

Monday 25 March to Monday 1 April – 7 nights

Cottesloe Primary will be hosting a visit from the Oz English group of Japanese students again at the end of March. **We are looking for families who can host a pair of students** (girls or boys). Apart from friendship and the opportunity to participate in family life, host families only need to provide a bed and meals. Shoji Australia offers 24 hour bilingual support to students and host families.

**Families will receive a payment to cover living expenses.** The Japanese students will start and end their day at the school in line with the usual school day. The students will attend English lessons and participate in school life. On Monday April 1, host siblings are invited to join the Japanese students on an excursion to Caversham Wildlife Park and the Swan Valley for the day.

Exchange visits are not just about language but are a wonderful way to increase cultural awareness and develop cross-cultural communication skills for all participants. It's rewarding and fun for families to experience another culture, share their experiences learning about Australia and form international friendships.

**We need families to REGISTER NOW** so organisation can be completed well before the group arrive. Please support this rewarding school program.



Contact Shoji Australia for more information

Ph: **9385 6911** or e-mail: [jenni@shojiaustralia.com.au](mailto:jenni@shojiaustralia.com.au)

or go ahead & fill in a confidential online application form at [www.shojiaustralia.com.au](http://www.shojiaustralia.com.au)

## UWA JUDO at Cottesloe PS

UWA Judo Club is running one class per week for Cottesloe Primary students at the Undercroft Area during term on Monday afternoons. The classes will run from 3:30 to 5:00 pm.

The cost for one class per week is \$150.00 per student per term (if a new student joins mid-term a pro rata fee is applied). This fee also allows the student to participate in extra classes with the UWA Junior Judo Program at the UWA Dojo in Claremont.

Separate fees may apply for the Judo uniform rental, Judo WA registration, insurance and gradings.

### Judo instructors' details

Peter Swan: 4th degree Black Belt, UWA Judo Club Coach, former Australian National Team rep. 25 years' experience in teaching judo.

Take Sekine: 4th degree Black Belt, WA State Team and UWA Coach, Gold at Asia Junior Sports Games 2010, Bronze at All Japan PE Uni Comp 2012, Graduated with a BA in Martial Arts Studies, Kokushikan University (Japan).

If you are interested in registering your child for Judo please email [uwa.judo@gmail.com](mailto:uwa.judo@gmail.com) for further information.

Yours Sincerely, Peter Swan.

Judo Lessons Coordinator and Instructor Mobile: 0418 904 009 Email: [swannypg455@gmail.com](mailto:swannypg455@gmail.com)

# Sewing & Woodworking Made Just for Kids

Focus on fine motor skill development

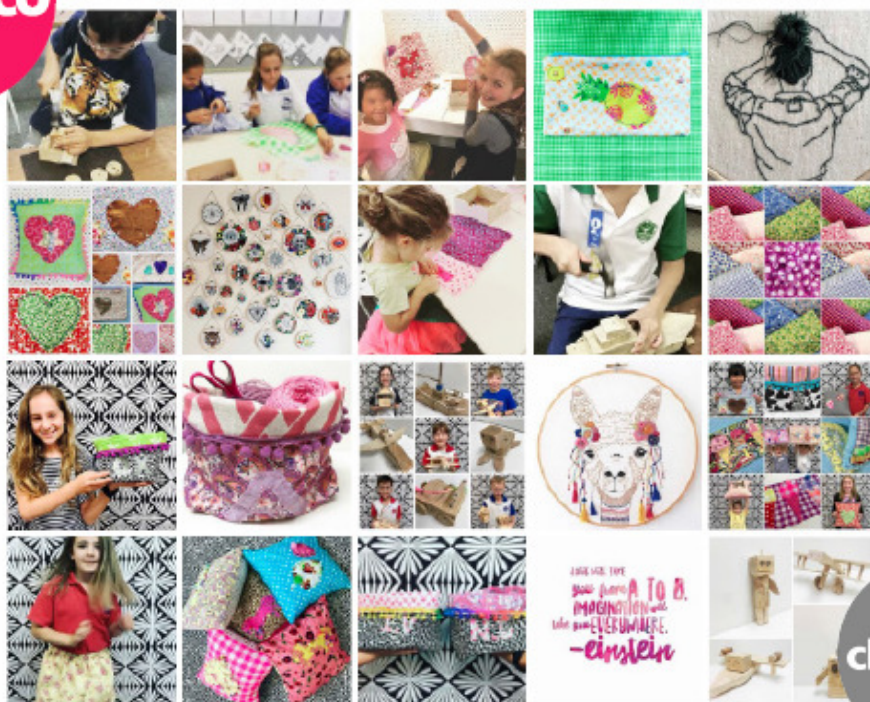
Break from tech to encourage mindfulness

Social, fun and non competitive space

Boost literacy and numeracy skills

Face to face communication

sew&co



chip&co

After school sewing & woodworking program, PP - Yr 8  
Cottesloe Primary School, Johnston St entrance

Discover more & book online at:

[www.sewandco.com.au](http://www.sewandco.com.au)



# Singing Lessons!

NOW AT COTTESLOE PRIMARY  
MONDAYS, AFTER SCHOOL



BOOK NOW



Contact Deb on **0412 142 019**  
or email [debstittmusic@gmail.com](mailto:debstittmusic@gmail.com)



debstittmusic





**REDHAGE**  
BASKETBALL

**SCHOOL  
PROGRAM**

**GIRLS AND BOYS OF ALL  
SKILL LEVEL ARE  
WELCOME**

**LOCATION:**

Cottesloe Primary School

**DURATION:**

8 Weeks

Feb 18th - April 8th

**DATE & TIME:**

Years 1-6

Mondays 7:45am - 8:35am

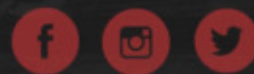
**COST**

\$130

**REGISTRATION**



All participants receive a FREE T-Shirt



# WE'RE BACK COTTESLOE PS

Former Perth Wildcat and Olympian Shawn Redhage is bringing his basketball skills program to your school



## YOUR CHANCE TO LEARN FROM THE PROS

**SPOTS ARE VERY LIMITED**  
For more information email

[shawn@redhagebasketball.com](mailto:shawn@redhagebasketball.com)

SCHOOLS PROGRAMS SMALL GROUP TRAINING HOLIDAY CAMPS ELITE SKILLS ACADEMY

Redhage Basketball Pty Ltd

ABN 32 617 549 612

[shawn@redhagebasketball.com](mailto:shawn@redhagebasketball.com)



# Fun Languages for Little Linguists



Learn **FRENCH** with **NO STRESS**  
with *LCF Fun Languages FUN Clubs*

Afterschool clubs (4yrs-12yrs)  
Swanbourne  
*No previous knowledge is required*

*LCF Fun Languages* is THE Australian specialist in teaching foreign languages to children. Our method has been specially designed for children to start from scratch & make their way to proficiency at their own pace.



Every week *Hugo l'escargot*, Hugo the French snail, takes the children on a different adventure & teaches them lots of new words & cultural facts about France. It's a **FUN & EASY** way to learn, in a **friendly, stress free** atmosphere.

Our sessions are run by **dynamic** native speaking / bilingual educators, who use a wide range activities to keep everyone engaged (music, lively/quiet games, indoor/outdoor activities, masks/dress-ups/role play, stories, activity sheets, craft etc.).

Despite the **relaxed atmosphere** of the clubs, we follow a **carefully designed program** with weekly lesson plans, which ensures a **quick, steady improvement**.

FREE TRIAL - follow us!



**FREE TRIAL**

Clubs on Mondays,  
Tuesdays,  
Thursdays &  
Fridays afternoon

For more info or **BOOK** your free lesson,  
contact Vanessa m **0468 559 598**  
vanessa.pietrasik@lcfclubs.com.au  
[www.LCFclubs.com.au](http://www.LCFclubs.com.au)  
FB : Fun Languages Perth





# Western Knights Soccer Club

Registration for 2019 Season is now open.

Training by qualified coaches will be once a week for Mini-Roos and twice a week for Juniors at Nash Field and Davis Oval, Solomon Street, Mosman Park.

**Games are played on Sunday's.**

Training commences early March, with the season running from 7th April through to 1st September.

Register prior to February 23rd to receive  
Early Bird Discount of \$50  
(automatically calculated at checkout).

For more information please check our website:  
[westernknights.com.au](http://westernknights.com.au)  
or contact Tonia Bates on 0412 970 399.

Nash Field, Solomon Street & Victoria Street, Mosman Park  
PO Box 4129, Mosman Park, WA 6912  
E: [westernknights1968@gmail.com](mailto:westernknights1968@gmail.com) W: [westernknights.com.au](http://westernknights.com.au)





# WESTERN KNIGHTS SC OPEN DAY 2019



**Sunday 17th February**

**10 – 12pm Len Packham Reserve, Coolbellup**

**2 – 4pm @ Nash Field, Mosman Park**

**Meet the Technical Director for Juniors, committee,  
team managers & register your interest for 2019.**

**Sausage sizzle and drinks available.**

For further information please contact [westernknights1968@gmail.com](mailto:westernknights1968@gmail.com)  
or check out our website [www.westernknights.com.au](http://www.westernknights.com.au)



Holidays

Terms

At Schools

Parties

Functions

Franchise



## Term 1 2019

### Skill Development

Days	Time	Venue
Monday	9.15 - 10.15 am	Mt Claremont Oval
Tuesday	9.15 - 10.15 am	Mt Claremont Oval
Thursday	9.15 - 10.15 am	College Park Ned
Friday	9.15 - 10.15 am	College Park Ned
Friday	3.40 - 4.40 pm	College Park Ned
Saturday	9 - 10 am	College Park Ned

3 - 5 yrs

### Soccer

(Grouped according to age)

Day	Time	Venue
Friday	3.40 - 4.40 pm	College Park Ned

4 - 8 yrs

### Multi Sport / FitFun

(Grouped according to age)

Day	Time	Venue
Tuesday	3.30 - 4.30pm	Quintilian Primary
Wednesday	3.20 - 4.20 pm	Dalkeith Primary
Saturday	9 - 10 am	College Park Ned

5 - 8 yrs

### Cricket

(Grouped according to age)

Day	Time	Venue
Thursday	3.40 - 4.40 pm	College Park Ned

5 - 8 yrs

Children from all schools welcome!

Our Birthday Parties are  
amazing fun!

**Kidz'n  
SPORT™**  
Give your child a gift for life

Tel: 0432937290  
www.kidznspport.com.au

**Located here in the computer room**

### On Wednesdays or Thursdays

### Every week of Term 1

**3:15pm - 4:30pm**

## Years 3 - 6

**\$160**

**Create your player!**



## Draw background objects and buildings!

# Learn to Code Your Own Games

**Add platforms,  
dangerous obstacles  
and checkpoints!**



I'll respawn here.

**Email Michael at**

**michael.rose.scratch@gmail.com**

or scan the QR code to register.

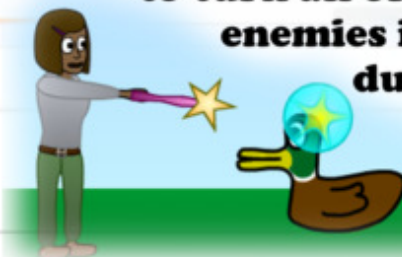
**Design your own characters and weapons!**

Take my rake. It's good for whacking bad guys!

## Fight against enemies of your own creation!



**Or program a wand to turn all of the enemies into ducks!**

 Scan me



Cy capornyoung



# WESTERN SUBURBS SCHOOLS CHALLENGE

FOR  
STUDENTS IN  
YEARS  
2 TO 6

16<sup>TH</sup> FEB 2019

Save The  
Date!

A Fun Day!

2PM WARM UP | 2.30PM START

TO CONCLUDE BY 5PM AT THE CLAREMONT POOL, DAVIES ROAD

## OTHER INFORMATION

Aimed to give the chance for the kids to practice some racing - it is fun day with the dive boards and inflatables being used exclusively for the kids and families entered.

There are prizes and awards, kids are encouraged to enter their own school relay teams to race others schools in their local area!

SO MANY FUN  
ACTIVITIES!

Dive  
Boards!

Racing!

Inflatables!

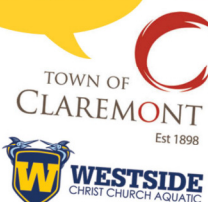
Prizes!

Relays!

Awards!

And Many More!!

SUPPORTED BY



BOOK ONLINE [TINYURL.COM/Y7RSPWCO](https://tinyurl.com/y7rspwco) OR SCAN THE QR CODE







Government of Western Australia  
Child and Adolescent Health Service



## Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

### Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

### What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



### Program details:

Place: Seminar Series - Leederville

Date/s: 14th March, 21st March and 28th March 2019

Time: 9.30am - 11.30am

Cost: **FREE**

### How do I book?

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups).

If unable to book online, contact the Child Health Booking System on **1300 749 869**.

**Childcare:** Please do not bring babies and children over the age of 6 months to the group.

You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue).

You can bring babies into groups for feeding.

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups) for more information.

This document can be made available in alternative formats on request for a person with a disability.

December 2018 CAH-001009\_TripleP



# Thursday Morning Tennis Lessons

- 7:45-8:30am Cottesloe Primary School
- 8-week term commencing 14 February
- Red ball lessons
- \$175/child (4 students per coach)
- Free 30 minute introductory lesson\*
- Free Saturday Match Play Invitation



**Prime Tennis**

[www.primetennis.com.au](http://www.primetennis.com.au)  
[admin@primetennis.com.au](mailto:admin@primetennis.com.au)



\*Only for new clients

# ART OF RESILIENCE



**AFTER SCHOOL WORKSHOPS**  
Term one theme: I am AMAZING  
teaching confidence through creativity

**Quintilian School**

**Ages 6 - 12**  
**3.30 - 5.30**  
**8 or 4 week**  
**options**

**Starts 20 Feb**



**VISIT [www.artofresilience.com.au](http://www.artofresilience.com.au)**



**strengthheroesau**



**strengthheroesau**





NORTH COTT

# splash 'n' dash

## SATURDAY 23RD MARCH

8.00AM  
NORTH COTTESLOE BEACH

**SHORT**  
**AGES 6+**  
(adult can accompany child)  
50m swim +  
250m beach run  
COST \$15

**MEDIUM**  
**AGES 10+**  
(suit kids + adults)  
150m swim +  
500m beach run  
COST \$20

**LONG**  
**AGES 14+**  
(suit teens + adults)  
1km swim + 1km beach run  
COST \$30 (single)  
\$50 (relay)

Join in the third North Cott Splash 'n' Dash on Saturday 23rd March, 2019 at North Cottesloe Beach.  
Everyone is invited to dive in and join WA'S ONLY FAMILY BEACH AQUATHLON!  
Spread the word to family and friends, get involved and most importantly, come along and have fun!

**REGISTER NOW** [northcottsplashndash.com](http://northcottsplashndash.com)

NORTH COTT SPLASH 'N' DASH IS PROUD TO BE PARTNERED WITH

PLATINUM SPONSOR		GOLD SPONSORS		COMMUNITY PARTNER
<b>HUMPHREYHOMES</b> ARCHITECTS+BUILDERS				
SILVER SPONSORS		MEDIA PARTNER		
 Azure Capital				



EVENT ORGANISED BY NORTH COTTESLOE PRIMARY SCHOOL P&C FOR NORTH COTTESLOE PRIMARY SCHOOL & MELANOMA WA





ABN: 95232287585

Jenny Edgar

Providing assessment and therapy for children 2 to 12 years in:

- articulation of sounds
- expressive language
- receptive language (comprehension)
- fluency (stuttering)
- Dyslexia (difficulties with spelling, reading, writing and /or comprehension)

Fees may be claimed depending on your health provider

M. 0429954646 w: [www.perthspeechtherapy.com.au](http://www.perthspeechtherapy.com.au)

Address: 121 Eric St Cottesloe



Registrations are now open for the 2019 season

Please visit our website and follow the links for

**Auskick** (PP to Year 2)

**Juniors** (Year 3 to Year 6)

[www.mpjfc.com.au](http://www.mpjfc.com.au)

We look forward to welcoming your family to another great year of local footy playing for the mighty Redbacks

For further inquiries please contact the MPJFC President

Tash Williams | [president@mosmanparkjfc.com](mailto:president@mosmanparkjfc.com)



**TERM 1**














# **BEASTS**

## **FITNESS ACADEMY**

### **PERTH**

## **Junior Sports Fitness** for **MOTIVATED ATHLETES**

-  **Passionate coaching**
-  **Sharp speed sessions**
-  **Technique development**
-  **Core strengthening**
-  **Agility activation**
-  **Dynamic drills**
-  **Coordination challenges**
-  **Resilience expansion**
-  **Confidence building**
-  **Creative physical conditioning**
-  **Fun n safe**
-  **360° respect**



**Registrations can be made  
through our website  
[www.beastsfitnessacademy.com](http://www.beastsfitnessacademy.com)**

**Term 1 Mondays & Sundays, UWA Sports Park Mount Claremont**  
**e) [fit@beastsfitness.com.au](mailto:fit@beastsfitness.com.au) w) [beastsfitnessacademy.com](http://beastsfitnessacademy.com) fb) [facebook.com/beastsfitness](https://facebook.com/beastsfitness)**

# YOGA

😊 Here at your school 😊

Wednesdays 6:00 - 7:30pm

In the Music / Japanese Room, JSEC Building

Would you like to build your strength, increase your flexibility, and at the same time find a place to slow down and simply breathe? And maybe soothe a tired body, mind and spirit?

This is how I approach Yoga, teaching a back-to-basics practice to suit all ages, all body-types.

So come and share some time on a Wednesday evening, and find the perfect mid-week tonic.

**General Level - Beginners Are Very Welcome**

**\$20 / \$17 (concession) per class**



Peter Humphry Yoga  
Strength, Flexibility, Balance  
and Joy

Tel: 0408 088 801  
Email: Peter.Humphry.Yoga@gmail.com

# music lessons!

ALL AGES

BOOK NOW

PIANO / VOCAL / GUITAR  
GROUP & INDIVIDUAL LESSONS



CONTACT M: 0412142019 | E: debstittmusic@gmail.com  
facebook.com/debstittmusic

DEB STITT  
music.

School Days for Cottesloe  
PS.JPG  
Type: JPEG Image  
Size: 3.72 MB  
Dimensions: 2480 x 3508  
pixels

# MUSIC ROCKS

SCHOOL DAYS  
At Cottesloe Primary



MUSIC ROCKS IS BACK FOR  
A HUGE YEAR OF MUSIC  
LESSONS AT YOUR SCHOOL.

WHERE WE COME TO YOUR  
SCHOOL AND LET YOU BECOME  
THE ROCKSTAR  
STRAIGHT AWAY

**MUSIC ROCKS**  
SIGN UP  
with the  
front office

MUSIC ROCKS IS THE #1 MUSIC SCHOOL IN THE STATE,  
AND WE'RE COMING TO YOUR SCHOOL WITH

AWARD WINNING TOURING MUSICIANS AS TEACHERS  
- \$60,000 WORTH OF INSTRUMENTS TO USE  
- YOUR FAVOURITE SONGS TO PLAY TO  
- STARTING SUCCESSFUL BANDS WITH YOUR FRIENDS  
- WAAPA ACCREDITED STAFF

WITH YOU PERFORMING AT SOME OF PERTH'S BIGGEST  
VENUES AT THE END OF THE TERM

IF YOU HAVE EVER WANTED TO BE THE ROCKSTAR  
PLAYING TO HUGE CROWDS, THIS IS THE PLACE TO BE



## Happy Campers 3 yr Pre-kindy

FREE TRIAL

Start children from 2½ years old

Choose from morning or full-day sessions

We operate on Monday, Tuesdays and Wednesdays

Your child will enjoy a diverse range of educational play activities in our large air-conditioned indoor and secure outdoor environment.

Happy Campers have highly trained and experienced Early Childhood teachers, who can't wait to nurture your child.

Develop social, educational and physical skills and track your child's progress via our secure online portal.



Please call 'Miss Danielle' to visit or book a free trial at our lovely Pre-kindy

**0412 060 061**  
MOSMAN PARK (FAIRLIGHT ST)

www.happycamperskindy.com.au

